



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2018

| (course) | (dates) | (days) | (time) | (ages) | (fee) | (location) |
|----------|---------|--------|--------|--------|-------|------------|
|----------|---------|--------|--------|--------|-------|------------|

MINI-HAWK® CAMP (SOCCER & BASEBALL)

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|-----------|-------------|------------|------------------------|-----|------|---------------------------|
| SSA103367 | 6/18 - 6/22 | M,T,W,Th,F | 9:00 a.m. - 11:00 a.m. | 4-7 | \$79 | 401 7th St. (Ball Fields) |
|-----------|-------------|------------|------------------------|-----|------|---------------------------|

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

FLAG FOOTBALL CAMP

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|-----------|-------------|------------|------------------------|------|------|---------------------------|
| SSA103368 | 6/25 - 6/29 | M,T,W,Th,F | 9:00 a.m. - 11:00 a.m. | 7-12 | \$79 | 401 7th St. (Ball Fields) |
|-----------|-------------|------------|------------------------|------|------|---------------------------|

Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.

BASKETBALL CAMP

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|-----------|-------------|------------|------------------------|------|-------|--------------------------------|
| SSA103372 | 7/09 - 7/13 | M,T,W,Th,F | 1:00 p.m. - 4:00 p.m. | 7-12 | \$105 | 645 7th St. (Community Center) |
| SSA103371 | 7/30 - 8/03 | M,T,W,Th,F | 9:00 a.m. - 12:00 p.m. | 7-12 | \$105 | 645 7th St. (Community Center) |

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

VOLLEYBALL CAMP

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|-----------|-------------|------------|------------------------|------|-------|--------------------------------|
| SSA103369 | 7/16 - 7/20 | M,T,W,Th,F | 9:00 a.m. - 12:00 p.m. | 9-14 | \$105 | 645 7th St. (Community Center) |
|-----------|-------------|------------|------------------------|------|-------|--------------------------------|

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

BASEBALL CAMP

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|-----------|-------------|------------|------------------------|------|------|---------------------------|
| SSA103370 | 7/23 - 7/27 | M,T,W,Th,F | 9:00 a.m. - 11:00 a.m. | 7-12 | \$79 | 401 7th St. (Ball Fields) |
|-----------|-------------|------------|------------------------|------|------|---------------------------|

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.



**SPACE IS LIMITED!
REGISTER TODAY»»**

ONLINE:
www.skyhawks.com
<https://apm.activecommunities.com/losbanos/Home>

PHONE:
800.804.3509
209.827.7034