

HANDS ONLY FREE CPR CLASS



Save a Heart Day - FREE Hands Only CPR Training

Saturday February 11, 2023

1 hour class

6 sessions beginning at each hour from: 9:00am - 3:00pm

Los Banos Community Center

No registration required

**Non-Certification class*

You will leave this class with the skills to save a life!

Why learn Hands-Only CPR?

Each year, more than 350,000 EMS-assessed out-of-hospital cardiac arrests occur in the United States. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival!

SHOW UP & BRING YOUR FAMILY!



LOS BANOS
PARKS AND REC.



Be the difference for someone you love.

ALL PROGRAMS SUBJECT TO CHANGE - LIMITED SPACE AVAILABLE
PARKSANDRECREATION@LOSBANOS.ORG