



LOS BANOS PARKS & RECREATION

PEACEFUL WARRIOR AIKIDO

YOUTH AND ADULT AIKIDO AGES 5+



REGISTER AT THE
COMMUNITY CENTER
OR AT LOSBANOS.ORG



Aikido is a Japanese martial art developed by Morihei Ueshiba. This is an art of physical systems and constant movement, which involves throws and joint locks that are derived from Jiu-Jitsu and other Kenjutsu techniques. Aikido focuses not on punching or kicking opponents, but on using their opponents energy to gain control of them or throw them away from you.

- 1 Student - 35.00 per month (unlimited classes)
- 2 Students - \$50.00 per month (unlimited classes)
- 3 students - \$60.00 per month (unlimited classes)
- 4 students - \$70.00 per month (unlimited classes)

To receive discounts for multiple registrations; Register in-person at the Community Center (645 7th St.)

All dues must be paid no later than the 10th day of the month and receipt of payment must be presented to the Dojo upon payment.

All Ages: Friday 6:30-7:30pm

All Ages: Saturday 9:30-10:30am

Location:
Rec. Hall in Pacheco Park
903 Pacheco Blvd.
Instructor/Owner/Manager:
Sensei Samantha Tova

ALL SKILL
LEVELS
WELCOME
AIKIDO



"THE ART OF PEACE BEGINS WITH YOU"
MORIHEI UESHIBA



STAY UP TO DATE ON THE LOS BANOS
PARKS & REC. FACEBOOK PAGE!

All programs subject to change
ParksandRecreation@LosBanos.org

